

TRISTATE SUMMER CAMP 2023

Camps will be held on the following dates: June 19th through August 25th

Beginner through Advanced Athletes

Boys & Girls Ages 5+ are Welcome to Enroll, No Experience is necessary!

Campers can attend weekly, once a week, multiple weeks or the entire summer!

Weekly Camps will be held*:

Monday – Friday, from 7:30am – 5:30pm

No camp on July 3rd to July 7th (while the facility is closed for the holiday)

*7:30AM start of before care and 5:30pm will be the time aftercare will end. Structured camp schedule will run from 9:00am to 3:00pm daily.

Camp Fee:

Monday – Friday (5-day week) \$260.00 per/week 7:30 am – 5:30 pm (before & after care is included!)

Daily Add On is \$75 per day

A minimum number of participants is required for each camp to be held.

ADDITIONAL DISCOUNTS AVAILABLE:

Once enrolled, discounts will be manually applied to enrollment before processing payment.

-FOR 4 OR MORE WEEKS: \$240 per week (\$20 discount)

-SIBLINGS: YOUR SECOND ATHLETE WILL RECEIVE A \$15 Discount per week

-FULL SUMMER (ENROLL IN ALL 9 WEEKS): \$200* per week (\$60 discount)

To be eligible for the full summer discount, you must enroll in the class titled: “Summer Camp 2023- Entire Summer (9 weeks)- June 19th to August 25th” Discount is applied to class fee in enrollment.

Payment/Deposit:

-A non-refundable deposit of 50% per/camp week or day per/athlete will be drafted upon enrollment using the account on file with the final balance for your camp due two weeks prior to start date. If you wish to pay in full, please email the gym to set up your account after enrolling.

Register Online at: www.tristateathleticsde.com and select “ENROLL NOW”
Look for Class Titled: “2023 Week () Summer Camp (Dates)” under the Summer Camp Category
When enrolling, you will register for each week your athlete will attend or choose the entire summer option.

WHAT DO WE LEARN AT CAMP?

Athletes will learn beginner to advanced gymnastics tumbling, stunting, dance, and choreography.

Each camp is coordinated around the ability of the athletes in attendance.

Athletes will be divided by ability during tumbling portion of camp in order to facilitate proper teaching methods, and learn beginning to advanced tumbling. Our staff will teach industry leading progressions and techniques to ensure safety and longevity of ability.

Athletes will learn stunting utilizing progressions

Athletes will have an opportunity to learn principles of choreography while assisting our staff in creating “Camp Routines” that will showcase skills learned throughout the week.

WHAT DO WE WEAR AT CAMP?

Comfortable athletic attire is acceptable for camp.

We do however, ask for safety reasons that shoes and socks be removed when on trampolines, or tumbling into the foam pits.

WHAT DO WE DO FOR LUNCH AT CAMP?

Athletes will need to provide their own lunch on Monday through Thursday of their camp week.

A refrigerator, and microwave is available onsite for camp use.

Every Friday, the gym will provide the campers with pizza for lunch
(athletes still need to bring drink & snack as usual).

WHO CAN REGISTER FOR CAMP AT TRISTATE?

Summer Camps at Tristate are open to EVERYONE!

The weekend prior to the start of each camp week, we will send a communication to families enrolled with upcoming week details or updates, as needed.

[Please encourage your camper to refer friends for an enhanced experience!](#)